

44 - Food Sensitivity IgE Target List



Dairy (7)

- ✓ Alpha Lactalbumin (breast/cow milk)
- ✓ Beta Lactalbumin (whey animal milk protein)
- ✓ Casein (milk/cheese/other dairy products)
- ✓ Cheddar Cheese
- ✓ Cow Milk
- ✓ Goat Cheese
- ✓ Goat Milk



Fish/Shellfish (6)

- ✓ Blue Mussel
- ✓ Cod
- ✓ Pacific Sardine
- ✓ Salmon
- ✓ Shrimp
- ✓ Tuna



Grains/Legumes/Nuts (12)

- ✓ Almond
- ✓ Barley
- ✓ Corn
- ✓ Gluten
- ✓ Hazelnut
- ✓ Oat
- ✓ Peanut
- ✓ Rice
- ✓ Rye
- ✓ Soybean
- ✓ Walnut
- ✓ Wheat



Egg/Meat/Poultry (7)

- ✓ Beef
- ✓ Chicken
- ✓ Chicken Egg White
- ✓ Chicken Egg Yolk
- ✓ Ovalbumin (Egg White Protein)
- ✓ Ovomuroid (Baked Egg)
- ✓ Pork



Fruit (6)

- ✓ Apple
- ✓ Banana
- ✓ Lemon
- ✓ Orange
- ✓ Pineapple
- ✓ Strawberry



Miscellaneous (3)

- ✓ Baker's Yeast
- ✓ Brewer's Yeast
- ✓ Chocolate



Vegetables (3)

- ✓ Carrot
- ✓ Tomato
- ✓ White Potato



Quality Control for Cross Reactivity

- ✓ Cross-Reactivity Carbohydrate Determinants